

## GROVE CHURCH, Visions of Truth Ministries

### HOLISTIC FREEDOM, "Living My Life Like its Golden"

Resource: Leadership Training International, The Leader's Freedom

**KEY VERSE:** Freedom is what we have; Christ has set us free! Stand, then, as free people, and do not allow yourselves to become slaves again. (Galatians 5:1 TEV)

#### **Relinquishing Control of Our Lives**

Who's in Control? (Gen. 3)

1. We want control of our lives. (What do you think of this statement? "God is my co-pilot.)
  2. Satan wants control of our lives. All he needs is a foothold. ( Eph. 4:27)
  3. God wants control of our lives. He created us to work best when He is behind the wheel. (Pro. 3:5-7.)
- A. The Controlling Power of Spiritual Bondages.
1. They are deeply engrained in us:
    - a. They have become a part of our personality.
  2. They are spiritually (negatively) reinforced in us.
    - a. Spiritual bondages are stubborn and resistant to change. (Eph.4:17-30)
    - b. If you resolve anger quickly, you give Satan no time to fortify his position.
  3. They are strangely satisfying to us.
    - a. While spiritual bondages are very destructive, they often time satisfy our carnal and evil appetites.
    - b. Because we find some satisfaction in the bad behavior, we continue to feed it; and anything that you feed will grow.
- B. Identifying Seven Resistances to Christ's Control.
1. Pride – We deny our need for help.
  2. Stubbornness – We refuse to accept help.
  3. Fear – We are afraid to give up control.
  4. Shame – We feel unworthy because of some failure(s). (John 6:37)
  5. Disappointment – We have been let down too many times. (Ps. 22:5)
  6. Unbelief – We do not have faith that God will help us.
  7. Procrastination – We postpone it to another time.
- C. Choosing to Let Go...and Let God.
1. Resign from the throne. (Matt. 16:24-27)
  2. Commit wholeheartedly to God.
  3. Acknowledge Christ's authority. (Matt 8:5-13)
  4. Receive Christ's offer of relief. (Matt. 11:28-30)
  5. Yield to Christ's rule. (Matt. 11:29)
  6. Receive Christ's promises. (Phil. 3:13-14)
  7. Expect Christ's power and protection. (Matt. 19:26)