

Christian Freedom

Facing Our Bondage *“Five Symptoms of Bondage”*

KEY VERSE:

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1 (New International Version)

Christ has set us free! This means we are really free. Now hold on to your freedom and don't ever become slaves of the Law again. Galatians 5:1 (Contemporary English Version)

LESSON FOCUS: *Believers are called to live a life of freedom.*

DISCUSSION:

- How can a person be externally free and internally bound?

DEFINITION OF BONDAGE:

A spiritual bondage is defined as any thought, attitude, behavior, habit, personal characteristic, substance or relationship that controls, or takes control of a person's life.

Spiritual bondage will most likely manifest in the behaviors listed below:

- **Destructive Behavior – (Judges 16:23-30)**
- **Disruptive Behavior – (John 4:3-8; 13-18; 28-29)**
- **Distressing Behavior –(Exodus 18:13-23)**
- **Dangerous Behavior –(2 Samuel 11:2-5)**
- **Damning Behavior – (Matthew 27:1-5)**

“Recognizing symptoms is a prerequisite for diagnosing the problem and pursuing the cure. Seeing the evidence of bondage is the beginning point for developing a strategy to get rid of it.”

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Galatians 2:20 (New King James Version)

Reference: *The Leader's Freedom: A Resource of Leadership Training International*